



EMERGENCY 911

You've likely thought about putting together an emergency disaster kit. Just as likely, you've never gotten around to it. These days, a few companies have made it easier than ever to supply your family with the basic information and essentials needed for emergency situations.

The Ready Freddy™ is a complete and well-designed emergency kit housed in a portable

backpack. It contains five separate labeled nylon pouches with products for light, power and communications; protection; first aid; tools, supplies, food and water; and personal. Each pouch contains essential items, with room to add your own products and important documents. Most important, none of the items requires batteries. The flashlight, for instance, works by shaking, with one minute of motion providing 20 minutes of illumination. The radio uses a hand-crank, as does the cell phone charger. To view the complete contents of the Ready Freddy™ emergency kit or to order, go to www.readyfreddy.com.

If you're looking for a complete medical kit to treat family accidents from scrapes to more serious injuries, the Medibag™ may fit the bill. This kit contains a quick-action first-aid flip chart, a powder that instantly stops bleeding, an eyewash vial, as well as many more common first-aid items. Ingeniously, the company made the kit extremely kid-friendly, so that a child who finds himself in a medical situation without an adult can administer first aid. The Medibag™ costs about \$30 and is available online at www.me4kidz.com (click on online retailers).

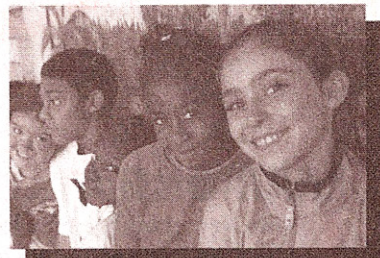


Nina Fisher lives in Annapolis with her husband and two children.

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